Discover your Raleigh Parks and Recreation Department

FUN FRIDAY SOCIAL EVENTS

Wii Game Night

Age: 5-16. Come join us the 1st Friday of each month for Wii Game Night! Bring yourself and bring a couple of friends. Put your game face on and have fun! Class Fee: $0

May 3	**Friday**	**6:00-8:00pm**
June 7	**Friday**	**6:00-8:00pm**
July 5	**Friday**	**6:00-8:00pm**
August 2	**Friday**	**6:00-8:00pm**

Game It Up

Age: All ages. Socialize with friends while playing popular games like Uno, Connect Four, Sorry, Twister. Like a challenge? Try Pictionary, Taboo, or Cranium for the older gamesters. Class Fee: $0

May 10	**Friday**	**6:00-8:00pm**
June 14	**Friday**	**6:00-8:00pm**
July 12	**Friday**	**6:00-8:00pm**
August 9	**Friday**	**6:00-8:00pm**

Cool Artsy Crafts

Age: 5-14. Are you creative? Do you enjoy making one of a kind creations? Channel that ability into this cool arts and crafts experience. A different activity is introduced in each class. See you at Sanderford! Class Fee: $0

May 17	**Friday**	**6:00-8:00pm**
June 21	**Friday**	**6:00-8:00pm**
July 19	**Friday**	**6:00-8:00pm**
August 16	**Friday**	**6:00-8:00pm**

Teen Time

Age: 13-17. Teens, it's that time at Sanderford Road Center! This program encourages teen socialization, volunteerism, and recreation. Participants will have the opportunity to discuss issues that impact teens as well as explore interests of their own. It's your time. Class Fee: $0

May 24	**Friday**	**6:00-8:00pm**
June 28	**Friday**	**6:00-8:00pm**
July 26	**Friday**	**6:00-8:00pm**
August 23	**Friday**	**6:00-8:00pm**

FUN FRIDAY SOCIAL EVENTS
Family Night at the Movies
Age: All ages. Join us at Sanderford Road Center for a family movie! Pre-registration is required.
Class Fee: $0

May 31	**Friday**	**6:00-8:00pm**
August 30	**Friday**	**6:00-8:00pm**

ADULT PROGRAMS
Sistershare
Age: 18 and up. This is a sharing and caring support group that meets every other Thursday night. Some nights we may have invited speakers to speak on specific topics and other times we gather and talk about concerns or issues that the ladies might have. Class Fee: $0

May 9, 23	**Thursday**	**6:30-8:00pm**
June 6, 20, 27	**Thursday**	**6:30-8:00pm**
July 11, 18, 25	**Thursday**	**6:30-8:00pm**
August 1, 8, 22	**Thursday**	**6:30-8:00pm**

COMPUTER PROGRAMS
Basic Computer I in Spanish/Computacion Basica Nivel I
Age: 16 to adult. This course will introduce basic computer skills. Students will learn how to use the computer keyboard, type simple documents, navigate through internet and other topics. Este curso tiene como objetivo introducir conocimientos básicos de computación. Los estudiantes aprenderán como usar el teclado, escribir documentos simples, usar la Red (Internet) y otros temas.
Class Fee: $40 Resident, $52 Non-Resident

June 8-July 13	**Saturday**	**6:30-8:00pm**

ENGLISH AS A SECOND LANGUAGE
English as a Second Language (ESL) - Clases de Ingles
Age: 18 and up. These classes are offered for beginner levels. Classes are designed for people that utilize a primary language other than English and are interested in learning important skills to communicate in English. Estas clases se ofrecen a nivel de principiantes. Las clases están diseñadas para gente que no habla inglés como su primer idioma y que están interesadas en aprender términos básicos para comunicarse en el idioma inglés. Class Fee: $0

June 10-July 15	**Monday**	**6:30-8:00pm**

FITNESS
Zumba Fitness
Age: 16 and up. Latin inspired, easy to follow, calorie burning, dance fitness-party. Feel the music and let loose! Classes taught by Licensed Zumba Instructor, Sarita Smith. Join the party at Sanderford Road Center!
Class Fee: $5 per class Resident & Non-Resident

May 7-August 28	**Tuesday**	**6:30-7:30pm**

...HOOL

...Creative Dance

Age: 2 ½ -5. Come explore the wonderful world of ballet and creative dance! This class combines ballet and creative dance to give preschoolers an introduction to a variety of genres of dance. Basic techniques and combinations will be taught. Expect a time for self-expression and fun! Classes taught by Mrs. Lala with a B.A. degree in Dance from UNC-Greensboro. Preschooler must be at least 2 1/2 years old to participate. Class Fee: $32 Resident, $44 Non-Resident

May 6-June 3   **Monday**   **5:00-6:00pm**

Hippity N' Roll

Age: 2 ½ -5. This class uniquely combines hip hop dance with tumbling in a fun and energetic atmosphere. This high-energy class encourages creative and rhythmic dance. Are you ready yet? See you at Sanderford! Classes taught by Mrs. Lala with a B. A. degree in Dance from UNC-Greensboro. Class Fee: $32 Resident, $44 Non-Resident

May 6-June 3   **Monday**   **6:00-7:00pm**

SENIORS

Open Computer Lab for Seniors

Age: 55 and better. Join us every Wednesday for an open computer lab at Sanderford Road Center. Need help getting on the internet or setting up a new email address? Our staff can assist you with any questions you have. Class Fee: $0

May-August   **Wednesday**   **2:00-3:00pm**

YOUTH PROGRAMS

Fun Fitness Kids

Age: 5-12. Sanderford Road Center knows how to make exercising fun! Kids can use their enthusiasm while embarking on new adventures in exercise. Kids will play engage in individual and group fitness activities. Let's get fit! Class Fee: $0

May-August   **Tuesday**   **6:00-7:00pm**

Wacky Wednesdays

Age: 5-14. Join us at Sanderford for a mid-week evening of fun! The entire center will have different fun activities going on in each room. You haven't had fun until you come to Sanderford! See you soon! Class Fee: $0

May-August   **Wednesday**   **6:00-8:00pm**

SPECIAL EVENTS

Sanderford Road Center Birthday Party

Age: All ages. It's our birthday and we are inviting YOU to celebrate with us. We are turning 4 years old! Bubbles, Water, Games, and Lots of Fun guaranteed! This is an event for the entire family. Pre-registration is not required. Cost: $0

August 9   **Friday**   **6:00-8:00pm**